

Prenatal Softgels



Prenatal Softgels

- Provides nutritional support for mother and baby before, during and after pregnancy.*
- With DHA to help support the development of healthy brain and eyes.*
- Provides folic acid which plays an important role in maintaining healthy fetal development.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Product example illustrated is 14 Oval

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Product Name: Prenatal Softgel with DHA

Directions: Take 1 softgel daily with food.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel		% Daily Value	
Vitamin C	(as Ascorbic Acid)	60 mg	100%
Vitamin D	(as Cholecalciferol)	220 IU	55%
Vitamin E	(as dl-Alpha Tocopherol)	10 IU	33%
Vitamin B6	(as Pyridoxine Hydrochloride)	26 mg	1300%
Folate	(as Folic Acid)	800 mcg	200%
Vitamin B12	(as Cyanocobalamin)	13 mcg	217%
Biotin		280 mcg	93%
Calcium	(as Calcium Carbonate)	100 mg	10%
Iron	(as Ferrous Fumarate)	18 mg	100%
Iodine	(as Potassium Iodide)	150 mcg	100%
Magnesium	(as Mangesium Oxide)	25 mg	6%

DHA (Docosahexaenoic Acid)	(from Fish Oil)	350 mg	†
Ginger Root Extract	(5% Gingerols)	50 mg	†

†Daily Value not established.

Other Ingredients: Fish (tuna) oil, gelatin, glycerin, soy lecithin, yellow beeswax, purified water, vegetable shortening, titanium dioxide, FD&C Red #40, FD&C Yellow #6, FD&C Blue #1. Contains Fish and Soy.

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